

CONRAD NIGHTINGALE INVITATIONAL
TRACK MEET 2024

Order of Events

2:00 P.M. locker	Coaches meeting in Halstead High School auxiliary gym (walk through the visitors room)	
2:30	Girls Triple Jump BEGINS Boys Pole Vault Javelin	(Northwest pit) Boys (West) Girls (East)
3:00	PRELIMINARIES	
	100 HH Girls 100 M Dash Girls 200 M Dash Girls	100 HH Boys 100 M Dash Boys 200 M Dash Boys
	3200 Meter Run (Girls)	
3:00	FIELD EVENTS	
	Long Jump	Boys (Southwest) Girls (Northeast)
	Triple Jump	Girls (then boys Northwest)
	Discus	Boys (North) Girls (South)
	Shot Put	Boys (North) Girls (South)
	High Jump	Boys (South) Girls (North)
	Pole Vault	Boys (then Girls)
5:30 P.M.	FINALS:	Girls followed by Boys
	4 X 800 Relay 100-110 High Hurdles 100 Meter Dash 1600 Meter Run 4 x 100 Relay 400 Meter Dash 300 Meter Hurdles 800 Meter Run 200 Meter Dash 3200 Meter Run (Boys) 4 x 400 Relay	